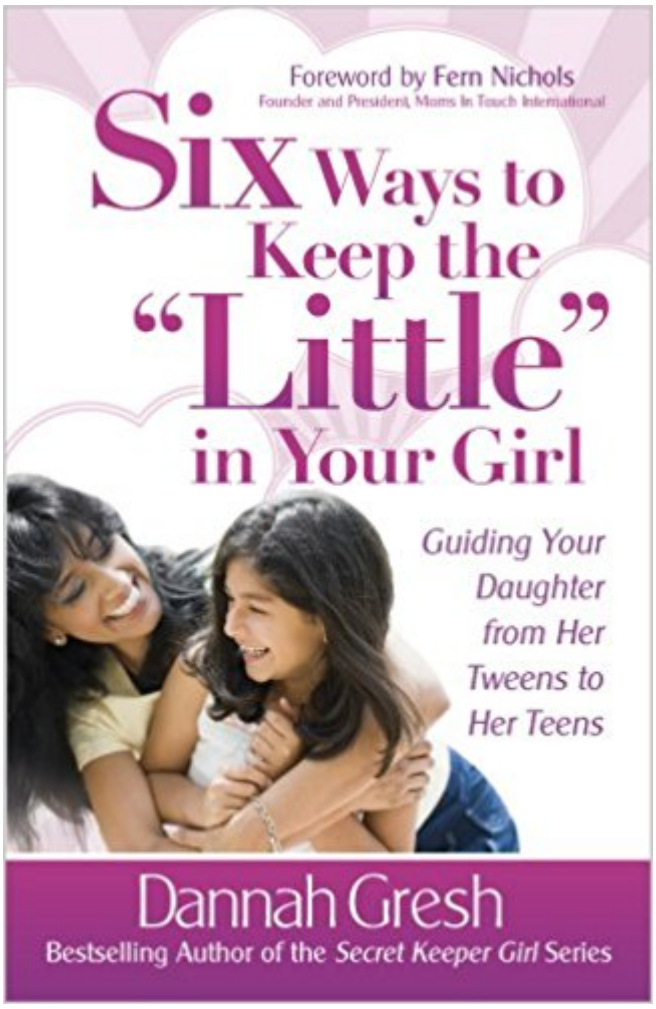
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Six Ways To Keep The "Little" In Your Girl: Guiding Your Daughter From Her Tweens To Her Teens (Secret Keeper GirlÃ‚Â® Series)



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Synopsis

Bestselling author, speaker, and founder of the Secret Keeper Girl conferences, Dannah Gresh shares with moms the secret to helping todayÃ¢â ¬â„¢s girls grow up confident, grace-filled, and strong in their faith.Studies show that the foundation for an emotionally healthy teen girl is built between the ages of 8-12 and that a good relationship with mom is one of the most important factors. So when the world wants girls to grow up too fast, how does a mother help her young daughter navigate the stormy waters of boy-craziness, modesty and body image, media, Internet safety, and more? With a warm, transparent style, Dannah Gresh shares six ways a mom can help protect and guide her daughter, including:help her celebrate her body in a healthy wayunbrand her when the world tries to buy and sell herunplug her from a plugged-in worlddream with her about her prince, and moreThis wonderful resource also provides moms a Connection IQ Inventory to test their mom- daughter relationship, creative and fun activities to do together, and Scriptures for the mom to pray for her daughter.

Book Information

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Customer Reviews

Ã¢â ¬Å“I wish Secret Keeper Girl had been available when our daughter was moving through her tweens.Ã¢â ¬Â•Ã¢â ¬â ¢Dr. James DobsonÃ¢â ¬Å“This book is an answer to my prayersÃ¢â ¬Â|Dannah gives us a realistic picture of what is pulling at the heart strings of our tween daughtersÃ¢â ¬Â|Ã¢â ¬Å“Do you need help in raising a self-confident, flourishing, God-loving tween girl? Then I implore you, please read this book!Ã¢â ¬Â•Ã¢â ¬â ¢Fern Nichols, founder and

president, Moms In Touch InternationalÃ¢â ¬Å“Moms today have to be vigilant in every way in order to keep the Ã¢â ¬Ëœlittle Ã¢â ¬â„¢ in our girls. Thankfully, Dannah provides guidance for all of us who want our girls to enjoy their childhoods and cherish the memories from this sweet time in their lives.Ã¢â ¬Â•Ã¢â ¬â ¢Donna VanLiere, New York Times bestselling author of Finding Grace and The Christmas ShoesÃ¢â ¬Å“As the dad to five daughters, I know the importance of the Ã¢â ¬Ëœlittle.Ã¢â ¬â„¢ This book is a welcomed friend that comes alongside parents to shine GodÃ¢â ¬â„¢s light on a darkened cultural path.Ã¢â ¬Â•Ã¢â ¬â ¢Chris Fabry, host of Chris Fabry Live!Ã¢â ¬Å“Few concerns are more important or more difficult to define than steering your daughter toward purity. But help is on the way! Dannah Gresh has provided a practical, biblically based resource to navigate the rapids of raising a tween girl. This book is filled with helpful suggestions that are doable for a busy mom like you. To make it even better, this book is fun to readÃ¢â ¬â ¢more like eating dark chocolate than eating broccoli. Enjoy!Ã¢â ¬Â•Ã¢â ¬â ¢Dr. Juli Slattery, family psychologist, Focus on the Family; author of No More Headaches: Enjoying Sex and Intimacy in MarriageÃ¢â ¬Å“Dannah Gresh has written two new books for moms to use in guiding their precious daughters through the pre-teen and adolescent years, remaining sexually pure and free. These are timely books for moms wishing to guard their daughters from a popular culture obsessed with the female body and sexualization of girls at ever-earlier ages. I intend to give these books to the moms in my practice who have young daughters.Ã¢â ¬Â•Ã¢â ¬â ¢Tippy Duncan, LMFT, Christian Marital and Family Therapist

Dannah Gresh is an author, a speaker, and the creator of the Secret Keeper Girl live events. She has sold over 1.3 million books, including Six Ways to Keep the Ã¢â ¬Å“LittleÃ¢â ¬Â• in Your Girl, A GirlÃ¢â ¬â„¢s Guide to Best Friends and Mean Girls (coauthored with Suzy Weibel), 8 Great Dates for Moms and Daughters, the bestselling And the Bride Wore White, and Lies Young Women Believe (coauthored with Nancy Leigh DeMoss). She and her husband have a son and two daughters and live in Pennsylvania. www.purefreedom.org.

This book has literally changed my life as a mother. You see, I’ve raised a child to adulthood, she is now 19. I made a lot of mistakes with her - appeasing her, letting her hang with the "popular girls, thinking it was "cute" at 14 to have a bf. All of this thinking it was "okay" to be the cool mom, who all the other kids loved, took my daughter’s innocence away, and I encouraged it. Now my daughter at 19 has had multiple relationship, experienced the pain of sexual impurity and forever will bear the pain of her innocence being lost. We also have an innocence eight year old daughter. I believe God

has brought me this book. I've been desperate with fear and shame on how to raise her (I came from a shattered childhood without the skills needed to raise a successful family) with a different outcome than I had with our oldest. This book was my answer thru God. I I firmly believe that and since reading it, studying the word of God, speaking with my youngest daughter and actually APPLYING it - my life has changed. The fear is gone and I'm confident that this time around I am better equipped to handle the guilt of saying "no" & being the mom who stands up for God & his principles vs the society who wishes to steal our young precious daughters from us. Thank you, Dannah. I cannot express enough how you've changed my life and my little 8-year-old's future as well. I hope this inspires someone out there to buy this book. I really pray it does, and that they read it and speak.openly with their young daughter about it.

Every mom should read this book. Dannah gives simple, relatable, easy to implement tips and techniques for connecting with your daughter. Connecting will keep the communication lines open so that when your tween becomes a teen she will come to you for answers and not her peers. Read it and you'll think of at least five other moms in your circle of friends who should read it, also.

My 8 year old was barreling toward tween-dom way-too-fast when a fellow mom recommended this to me at the park. I'm SO GLAD she did! I devored it within a week and quickly loaned it to a friend with a 9 year old so she could read it too.Although there were a few sections I skimmed through thinking "yepp, do that already, yepp knew that already" most of the book was like "Wow...why didn't we do it this way when *I* was this age." I did, indeed, have "the talk" already, and with this book as help (along with a few other great resources) it went SO much better than I'd ever hoped it would! It's also been so helpful as we tackle all these areas. I'm so very, very thankful I got a copy of it when I did! I plan on referring back to it and re-reading as needed! (my daughter is now 9).

After reading this book, you will have an understanding of the brain development of tween girls, and just how important it is to form their values on the issues of modesty, boys, sex, etc before they become teenagers. The tween years are the value formation years. This is when values will be set in a girl's brain; values she will act on as a teen. It is vital that we connect with our daughters in order to pass on healthy values. Dannah has included a connection IQ quiz as a tool for mothers to become aware of where their relationship with their daughters stand. The quiz opened my eyes to some ways I can better connect with my daughter and inspired me to take action. In another post, I will list some ideas for mother/daughter dates that I have gleaned from searching the internet.I love

this quote from Dannah: "So the question for you now - in her tweens - is not "Should I talk to her about boys, and sex, and periods, and other stuff that scares me silly?" The question is "How do I talk to her about boys, and sex, and periods, and other stuff that scares me silly?" without robbing her of her innocence?" What a great point Dannah makes! I think that is what many mothers are afraid of: that if we raise these issues with our daughters too early, we will rob them of that girlhood innocence. Well, rest assured, Dannah does a fantastic job of providing you with ideas and words that are gentle, but do the job.You will learn about the importance of role play even during the tween years. Has your daughter seemed to lose interest in such creative play? Dannah shares three ideas on how to encourage her to play roles in unconventional ways. Such play is directly linked to that value formation that is vital at this time in her life. Wonderful information on the selection of age-appropriate, wholesome dolls is shared, along with which dolls have been proven to be harmful to tween girls and why!There is a chapter that discusses how to approach the topic of menstruation with your daughter; here you will find ideas on stories you can share with her, scriptures to use, a special basket you may want to put together, and a specific DVD is recommended. Other chapters provide information on protecting your tween girl from negative media effects that can rob her of innocence, ways to make your daughter's inner beauty her focus, and fun activities you can do to form her values on modesty. Dannah includes ideas to help mothers better know the friends their daughters are spending time with, shift a girl's focus away from boys to her future husband, and even some dating suggestions (for when she is older of course!)The part that I actually found the most shocking - and encouraging - was when Dannah wrote about discussing sex with girls this young. Honestly, I knew that I would bring up the topic of menstruation soon, but I hadn't thought much about telling my girl about sex. I guess I figured that could wait till she's 13 or so! But Dannah encourages mothers to discuss said issue with their daughters by the time they are 9, and she explains why. She actually suggests specific words to say, and I think I have found those words to be the most inspiring and confidence building advice from all the great thoughts in this book! The words are gentle and beautiful, but direct and honest. What a gem:)I am so glad that I read this book. I am excited to read more books from Dannah Gresh in the next few months, books that provide ideas and resources for dates and devotionals with my daughter. After reading Six Ways to Keep the Little in Your Girl, I feel much more confident to walk this journey with my daughter in a beautiful, fun and connecting way!Go to [...] for more tween girl info

The Book was practical, down to earth, real, and encouraging! As a mom of two little girls I recommended you read it even if your girls are not Tweens yet (mine are 3 and 5). Lots to still learn

and apply and tons to prep yourself before hand. Easy, quick read. Great gift for another mom!

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